

BREAK STIGMAS

A COLLECTIVE MISSION TO BRIDGE THE GAP, BRING AWARENESS, AND DRIVE CHANGE

At Break Stigmas, we are committed to breaking the silence around mental health and social stigmas, especially within the veteran community. Through authentic connection, open dialogue, and community action, we aim to foster healing, awareness, and unity.

Meet the Movement:

Sunnyside of Freedom and 420 Chief are leading a powerful initiative to bridge the civilian-veteran gap through veteran meetups, awareness events, and grassroots engagement. They're creating safe, stigma-free spaces for conversation, connection, and healing—one community at a time.

SCAN TO LEARN MORE, SPONSOR, OR DONATE



break stigmas

NATIONWIDE VETERAN MEETUPS- JOIN THE MOVEMENT BRIDGE THE GAP. BREAK THE STIGMA.

How You Can Support:

- **Sponsor the Mission** – Help us host more veteran meetups and expand our impact.
- **Donate Today** – Every contribution fuels mental health outreach and veteran support.
- **Spread the Word** – Be a voice for change in your community.

Thank you for your patriotism.

PLEASE DON'T HESITATE TO REACH OUT TO US FOR ADDITIONAL INFORMATION

www.BreakStigmas.com

EIN:99-4608199